



# KEVIN ARMSTRONG, M.D. MEMORIAL SPORTS FOUNDATION

WWW.ARMSTRONGMDFFOUNDATION.ORG

**RunStrong returns and is now one of the largest running clubs in Orange County!**

## FALL 2022 HIGHLIGHTS

**250** average number of **RunStrong** students registering for 5k/10k races sponsored by KAMSF

**7,000** entry fees paid for **RunStrong** participants to compete in 5k/10k races throughout Orange County

**2,500** pairs of new running shoes purchased and distributed to qualified participants in **RunStrong**

**15,000** T-shirts distributed to intermediate school athletes districtwide

**6,500** healthy snack bags distributed to athletes participating in the Annual Intermediate School Track & Field Tournament

## BOARD OF DIRECTORS

- Kevin Yen, President
- Karen Armstrong, Vice President
- Kevin Tonai
- Dr. Ken Yoshino
- Edie Tonkon
- Roxanna Owings
- Victor Cota
- Dr. Audrey Yamagata-Noji

## BOARD OF ADVISORS

- Coach Gene Noji
- Greg Rankin
- Jim Pantaleo
- Ben Bornstein



Since 2005, the Kevin Armstrong, M.D. Memorial Sports Foundation (KAMSF), has continued Dr. Armstrong's legacy of giving back to under-resourced students in Santa Ana and we did not allow the pandemic to shut us down completely. We held a very successful virtual running competition in May, 2021 titled "Go F.A.R." (Fun Active Running) to keep our young runners encouraged and active during a period plagued with isolation. The competition was followed by a drive-thru event to distribute new shoes, shirts, goodie bags, and signed copies of "Ehren Divided" by author Ernesto Cisneros! The **RunStrong** effort began in 2010 with approximately 50 runners and we are now in five schools in Santa Ana, with an average of 250 students participating in competitive races throughout Orange County. **RunStrong** is free to students: KAMSF pays for transportation, T-shirts, registration fees, healthy snacks and qualifying students receive a new pair of running shoes. Parents have become an integral part of KAMSF's events helping out while cheering their students to victory as they cross the finish line. We have THE BEST volunteer coaches! Their commitment and dedication to training, mentoring, and



inspiring young runners is the heart of **RunStrong**! During these times when there is a mental health crisis plaguing youth, **RunStrong** provides a vital support program that benefits them physically, emotionally and socially. The mission of KAMSF is to provide under-resourced students opportunities to excel academically and athletically. Many former **RunStrong** participants have gone on to compete in cross country and track & field at the high school and college levels while maintaining high GPAs.

## 2022 ANNUAL INTERMEDIATE SCHOOL TOURNAMENT

After a two year delay, **KAMSF** was excited to again sponsor the **2022 Annual Intermediate School Tournament** distributing healthy snacks and reusable sling bags to over 500 athletes. Congratulations to all who joined the competition!



### DONATE

You can support KAMSF by making a tax deductible contribution.

Scan the QR Code to visit our website at [www.armstrongmdfoundation.org](http://www.armstrongmdfoundation.org).

**Our students and coaches Thank You!**

**Healthy Athletes, Healthy Futures**

## KAMSF'S ANNUAL SHOE DISTRIBUTION

One of the highlights for KAMSF is the annual shoe distribution. Student athletes, coaches, parents, SAUSD administrators, KAMSF Board Members and representatives of the Orange County Youth Sports Foundation (OCYSF), a **RunStrong** principal donor, are invited to attend. Students who participate in **RunStrong** earn the privilege of receiving a pair of new running shoes...and they love it! **RunStrong** coaches highlight each student's success and personally hand them a well-deserved pair of new shoes. After photos are taken, students happily lace up their new runners and head outside to take a victory lap where they can be heard expressing appreciation, congratulating each other and recognizing their achievements. KAMSF is grateful to OCYSF and ASICS for their contributions that make this annual event a success!



## 12TH ANNUAL GOLF TOURNAMENT



On April 4th, 2022, a full field of golfers teed off at the beautiful Tustin Ranch Golf Club for the 12th Annual Kevin Armstrong Foundation Golf Tournament, KAMSF's largest annual fundraiser. The golfers participate in the Putting Contest and head off in a "Scramble" format. The afternoon concludes with attendees enjoying a delicious BBQ dinner and a program that includes a raffle, presentations from **RunStrong** students, and Golf Tournament awards.

The outstanding fundraising contribution to KAMSF provides race entry fees, running shoes, T-shirts, transportation and healthy snacks for hundreds of Santa Ana intermediate school students. Thank you to all golfers, sponsors, donors and guests for your generous support!

The Kevin Armstrong, M.D. Memorial Sports Foundation is a non-profit, 501(c)3.

PO Box 26998  
Santa Ana, CA 92799  
(424) 209-7825

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